

Spring Festival of Awareness '92



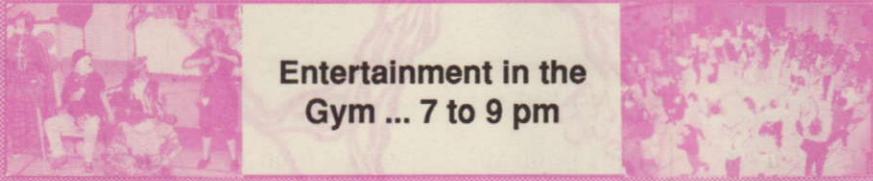
the WORLD is our COMMUNITY

April 24, 25 & 26th

at the Naramata Centre near Penticton, BC.

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TIME	Alberta Hall	Maple Courts			Gym
		#1	#2	#3	
9:00 to Noon (3 hour)	# 54 Teens Welcome Singles Only.. Introductions Blenda Steward	# 43 Health Revealed thru the Eyes Cecile Begin	# 24 Fire, Air Earth & Water Kolin Yardley	# 41 Building Group Dynamics Marie Wells	# 67 Inner Rythms Strong Stretched & Centered Joan Casorso
1:15 to 3:00	# 16 Working Creatively Dream Self Donald Carlson	# 66 The Seven Rays Esoteric Psychology Diana & Connie	# 30 Community Starts with Two Marilyn Waram	#42 Health Kinesiology Donalle Caldwell	# 58 Yoga: Seeing our Bodies in a New Light Ken Stevens
3:15 to 5:00	# 22 Sallish Indian Legends Glen Douglas	# 38 Does Death Begin In the Colon? Hendrick Pelser	# 26 Vision Quest for an Ideal Society Barry Hunt	# 49 Cybernetics Part 1 Annette Reeves	# 01 Music Theatre Tink & Judy
9:15 to 11:00 pm	# 23 On Earth as it Is In Heaven Lynne Mündell				
8:30 to 10:15 am	# 02 Joy of Sound Judy Armstrong	# 40 Equality of Men & Women Bahai Perspective	# 29 Astrology, Myth & Self-Transformation Marilyn Waram	# 27 Basic Huna Theodore Bromley	# 11 Magic of Movement Tai Chi Harold Naka
10:30 to 12:15	# 23 On Earth as it Is In Heaven Lynne Mündell	# 18 Attitudinal Healing Laurel Gregg	# 13 Practical Kabbalah The First Path Helen Hamilton	# 50 Cybernetics Part 2 Annette Reeves	# 59 Yoga Dance Ken Stevens
1:15 to 4:15 (3 hour)	# 15 Past Life Recall Donald Carlson	# 39 One Brain Dyslexic Learning Melonie Old	# 20 Health Care in the Years Ahead Harry Jukes	#14 How to unfold the Vision of Oneness Margrit Bayer	# 05 Dances of Universal Peace Mansur Rodney Kreps
4:30 pm	Children's Parade starts at Mc Laren Hall and travels				

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Loft	McLaren Hall				Other
	North Wing	Sessions Room	South Wing Front Room	South Wing Back Room	
# 04 Walking Meditations Waduda	# 37 Path of the Warrior Marsha Warman	# 36 You are a Member on the Spaceship Earth Peter Morris	# 06 Reflections In the Mirror Menlha & David	# 44 Dream Interpretation Maureen Blaine-White	# 61 Reiki House Reiki Natural Healing Vicki Allen
# 33 Men Only Honest to Goodness Emotional Purification Yellow Bear	# 51 Women Only Women Spirit Rising Diane Patten	# 48 Sick & Tired vs Wired & Tired Dr. Kyrie Jardin	# 35 Children & Adults Enhancing Communication Skills Gay Monkman	#64 Massage for Every Body Linda Kuslelka	 Reiki House (near McLaren) Alternative Healing Room Synchronicity Meditation Room (In Alberta Hall) Open both days for FREE Healings
# 10 Tao of Balance Zen of Compassion Harold Naka	# 56 Women Only The Wise Women of the North Joan Smith	# 32 Empowering Ourselves & Others Peter Duryea	# 46 CreateYour Reality Christine Lind	# 09 Creative Selfishness Donna Martin	
 LOFT JAM	# 62 Synchronicity High-Tech Meditation Larry Koftinoff	# 28 Crystal Energy Theodore Bromley	# 12 Practical Kabbalah Introduction Helen Hamilton	# 17 Meditation Dynamics Laurel Gregg	# 19 Raising Other People's Children Nena Joy
# 52 Authentic Movement Diane Patten	# 08 Listen to the Wisdom of the Body Donna Martin	# 55 Teens Welcome Pleasurable Safe Sex Blenda Steward	# 45 Children & Adults My Planet: using Art Therapy for Growth Christine Lind	# 60 Creating Council on the Sexes Vicki Allen	# 57 Reiki House Reiki Universal Healing Joan Smith
# 34 Honest to Goodness Emotional Purification Yellow Bear	# 53 Accupressure Shiatsu Sid Tayal	# 31 Connecting with Nature More Peter Duryea	# 07 Letting Go with Rebalancing Menlha & David	# 47 Gas, Gripe & Gurgles Dr. Kyrie Jardin	# 63 Columbia Hall Herb Walk Netta Zereroff
# 68 Demystify Drumming David Thlaw	# 25 Natural Pet Care Colleen Nicklassen	# 03 Medicine Wheel of Law Gilmory & Lynne	# 21 The Art of Healing Gabrielle Wichert	# 65 Primal Therapy Ernst & Agnes Oslender	

down Main Street to the Gym for the Closing Circle. Join in or watch!

Workshops & Workshop Leaders

The Workshop #'s are the same as on... the overall schedule ...pages 40 & 41

Tink Robinson & Judy Armstrong

Box 973,
Nanton, AB, T0L 1R0
Phone 646-5519



Workshop # 01

The Music and Rhythm of your Being

Unlock your creative talents in this fun-filled musical theatre workshop. Join the pros, husband and wife team, Tink and Judy, who will help you gain confidence as you improve your communication skills through exercises in improvisation, drama, vocal projection, performance skills, dance styles and music awareness. Come and sing your song and dance your dance!

Background

Tink is a 40-year veteran of professional theatre, television and night clubs. He amassed over 200 CBC TV show in Toronto and was choreographer/performer with the Wayne and Shuster for 5 seasons. He has written and directed for Theatre Calgary and the LunchBox Theatre. He was producer/director for 13 summers at the Wild Horse Theatre in heritage Fort Steele, BC until 1989. Tink and Judy are well known for their children's shows and workshops and sought after as adjudicators in major music and dance festivals.

Workshop # 02

The Joy of Sound

Sound is one of the most common means of communication. Everyone has a story to tell. Everyone has much to say but most often is afraid to vocalize it. Everyone can sing, whether or not a voice lesson has ever been taken. In this workshop, Judy uses breathing techniques, resonance training, movement, speech arts, music, drama and other creative exercises to assist you to come to understand how to support the sound on breath allowing you to experience the free feeling of connectedness and of awakening to your full potential.

Background

Judy Armstrong is an International Singer, Actress, Musical Director, Composer, Lecturer and Workshop Leader who has inspired thousands in the field of expression through sound. A graduate of both the National Theatre School and the University of Calgary with a Bachelor of Music with Distinction. Judy is one of the most respected Vocal and Speech Arts Adjudicators for the Festival of the Arts in Canada. She also collaborates with her husband, Tink, in creating special music and shows for children.



Tink & Judy will be doing a "Just for Kids" musical adventure with the Children's Festival.



Gilmery McCloskey

Gilmery has been a long-time student of Western and Eastern wisdom and spiritual traditions and has taken initiation in several mystery schools. She has mothered two children and with their maturation has begun more travel and teaching especially in the study and transmission of the Medicine Wheel. She studied extensively with Robin Van Doren.

Workshop # 03

The Medicine Wheel of Law

This workshop is an introduction to the use of the ancient Native wisdom tradition in combination with understanding of Western Psychological principles. The Medicine Wheel of Law is work derived from Joan Halifax and deeply worked by Robin Van Doren. There are only two Laws; the Children's Fire and the life-giving power of the feminine must be protected. We will have the opportunity to create a Wheel and explore the archetypes (the Fool, the Warrior, the Witch, and the Creator) as well as the positions of Shaman, Tradition, Tribal Chief and Patternkeeper. This brief connection with the wisdom of the wheel may offer insights into community experiences or to psychological themes of unity.

Box 233

Colbert, WA, 99005

Phone 509-238-4957



Lynne Williams

Quan Yin Lynne Williams is a long-time student of the psychospiritual and has long followed a path combining Western and Eastern approaches. She is a psychiatrist, mother of two sons, a "wannabe" gospel singer, and has used the Medicine Wheel extensively in teaching general audiences.



Waduda-Majid Julia Goforth, M.S.

Workshop # 04

Walking Mediations

Long connected with esoteric training and development, Sufi Murshid Samuel L. Lewis offered these walks as one means of discovering "the relationship between God and man, between breath and life...." Breath, rhythm, concentration, posture, sacred phrases, centering and listening enhance personality integration, build magnetism and increase "Capacity for the divine baraka (blessing) manifesting on the earth sphere..." This applies equally to individual and group and community development. An experiential workshop.

Background

Waduda, one of the first certified Dances of Universal Peace teachers, has co-created community dance and sacred ceremony for 15 years, drawing from sacred traditions throughout the world and throughout history. A counsellor in private practice, she formally taught high school and co-founded and performed with an African Dance company. She serves as a Ruhaniat Sufi lineage sheikha and is a senior interdenominational minister in the Universal Worship. She will offer "Sacred Dance, Walk & Creating Ceremonies" at the 1992 Canadian "Community of Women" gathering.

Mansur and Waduda's shared history dates back to the first Awareness Festival in Castlegar. Residing in Seattle, their focus includes home, family life, and community service. They have taught workshops in Alberta, Minnesota, are members of Seattle's Dances of Universal Peace Dance Team and will teach at Oregon's Northwest Sufi Camp, August 2-9.



Mansur Rodney Kreps, Ph.D.

Workshop # 05

Dervish Dances: The Dances of Universal Peace

These dances are dedicated to peace, within and without. "What does dance do for us? First and foremost, it inculcates the sense of rhythm and enhances our response to rhythm. This is really a response to life. It makes us more living, which is to say, more spiritual. It brings out beauty of form and movement, and envelops our personalities in the enjoyment of them. It takes us beyond ourselves, bringing an initial taste of the state of non-being, which is really a balm for the soul." *Murshid Samuel L. Lewis, America's first Sufi Master.*

Background

Mansur facilitates group Kihir (ancient Sufi practices of remembrance), "Long Dances" from the Dances of Universal Peace tradition, and dance musicianship (Middle/Eastern tar & dumbek drums). A semazen trained in the "turn" of Jeleleddin Rumi's Mevlevi ("Whirling Dervishes") Sufi Tradition, Mansur serves as a sheikh in the Christi Sufi lineage. He is director of the 1992 Northwest Sufi Camp, "Embodying the Sacred." Currently a vice-president and chief actuary in a reinsurance intermediary, his life experience includes being a physicist, college professor and electrician.

6557 - 19th Ave, NE
Seattle, WA, 98115
Phone 523-9424

Suggested reading for either workshop: *Spiritual Dance & Walk*
Samuel L. Lewis Peaceworks 1990

**** Please wear clothing suitable for movement. All are welcome. No experience necessary!**

Workshop # 06

Reflections in the Mirror

Developing the art of reading bodies through your own natural ability. Everyone is intuitive and intelligent. This workshop draws out that potential and develops our awareness of what we are seeing in others.

Workshop # 07

Letting Go

A Rebalancing Bodywork Technique. This technique is simple and complete in itself to give release to the whole body/mind. The technique is about letting go of hip and shoulder joints and the neck.



David Bruneau



Menha Bruneau

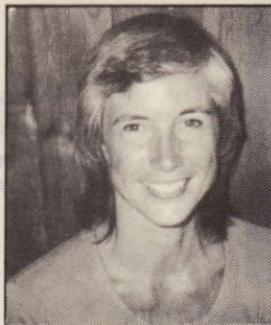
The Founders of the Kootenay School of Rebalancing in Nelson, BC. The School has completed 5 years of training. Menha has been doing Rebalancing, which is complete body/mind work, for eight years and has explored various other bodyworks and therapies, plus meditation.

508 Hoover St., Nelson, BC, V1L 4W9 Phone 352-1686

Workshop # 08

Listen to the Wisdom of the Body

This is a yoga workshop with a focus on "mindfulness" and "effortlessness" as gateways to connecting with others, with the universe, and with hidden aspects of self. Yoga postures, movement, breathing, and assisted meditation will be presented playfully. No background in yoga necessary.



Donna Martin

Box 834,
Kamloops, BC, V2C 5M8
Phone 372-2769

Workshop # 09
Creative Selfishness

In this workshop we explore the attitudes that help or hinder us in taking care of ourselves and others. We'll use a process involving individual soul-searching, partner sharing and large group discussions, concluding with a meditation. This workshop will be insightful, inspirational and playful.

Background

Donna has an extensive background in Yoga, Stress Management, and Relaxation. In addition to books on Yoga and Relaxation, she is the co-author of *The Triangle Workbook: Understanding the Transcending Unconscious Patterns*. She works in Kamloops as a Body/Mind Therapist and Addiction Counsellor. She also teaches workshops at Hollyhock Farm. Donna is an advanced student of Hakomi Therapy.

Workshop # 10

Tao of Balance, Zen of Compassion

The workshop will focus on ways to gain greater insight into our true nature. We will integrate the teachings of Taoist sage Lao Tzu, Zen master Shunryu Suzuki, peace worker Thich Nhat Hahn and other teachers with sitting-moving meditation.



Harold Hajime Naka

977 Coronation Ave.
Kelowna, BC, V1Y 7A6
Phone 762-5982

Workshop # 11

Magic of Movement through Tai Chi

An opportunity to experience this ancient art in a creative, natural way. The body contains vast resources of inner wisdom and power. Using the Yin-Yang principle of continuous interplay of natural forces, we learn to let go of resistance to change and the need to control so much, bringing balance and harmony into our everyday living.

Background

Harold is a Taoist rebel, Tai Chi junkie and solitary philosopher. He has studied under Gia-Fu-Feng, Chung Liang Al Huang, Sam Masi-cha and other creative teachers. For the past nine years Harold has shared his unique and innovative way of moving, evolving and growing into one's full potential.

** Harold is always popular at the Children's Festival as well as the Sunrise Ceremonies.

Workshop # 12

Practical Kabbalah:

An Introduction to the Techniques for Spiritual Awakening.

Arising from the ancient wisdoms of Kaballah and Alchemy comes a revelation of the secret magical techniques for spiritual transformation that have been hidden for centuries with the tarot keys and revealed by International teacher Imre Vallyou. These practices, previously known only to initiated adepts, can lead you to cosmic consciousness through sound, colour, visualization and meditation practices.



Helen Hamilton

#305-1600 15 Ave SW
Calgary, AB, T3C 0Y0
Phone 269-8349

Workshop # 13

Practical Kabbalah:

The First Path - Reawakening to Spirit

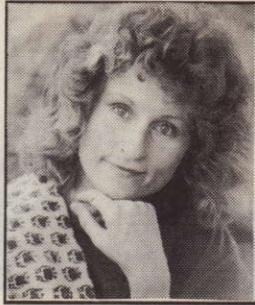
"By names and images are all powers awakened and reawakened" Using sound, colour, visualization and meditation we will realign our energies to spirit, the first 32 paths to enlightenment on the tree of life. Please bring paper and crayons to colour your mandala.

Background

Deeply involved in spiritual disciplines for 12 years, her teacher Imre Vallyou of New Zealand has helped her undergo significant transformation. Learning to be "in the world but not of the world." She is a swami in the Order of Light. She has attended numerous intensive training retreats in New Zealand, Holland, the USA and Canada.

Margrit Bayer

4617 Frederick RD
Kelowna, BC, V1W 1N9
Phone 764-7291



Background

I have spent the last 13 years intensely studying Hatha Yoga, Yog philosophy and meditation with teachers in Canada, USA and India. But mostly I have spent my life to unfold yog or union within my self and therefore with the whole. From there I, as the whole, celebrate.

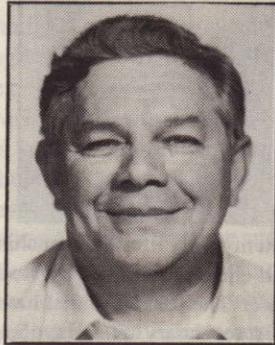
Workshop # 14

How to Unfold the Vision of Oneness

True communion is that which arises when we know that truly we are one with the whole. From the vision of oneness, all actions are life supporting. The key then is not the doing but of finding this sense of oneness within ourselves. This workshop is how to unfold this vision of oneness, love and true communion.

Donald D. Carlson

Box 873
Spokane, WA, 99210
Phone 535-2596



Background

Donald is a new age teacher who utilizes old and new-age truths to assist people to seek and find their potential by discovering the hidden resources of their inner being. Don draws from a broad background of modalities, including dreamwork, (active and passive) music induced guided imagery, past life recall, gestalt and psycho-drama, animal totem work, colour and mandalas, and other altered states of consciousness.

Workshop # 15

Past Life Recall

The Connecting Chord to the Word Community

A "Dyad Workshop ... Experiential"

No admittance once the workshop begins.

This workshop is designed to assist you to remember Past Lives in the various parts of the Earth using classical music and other "Altered States of Consciousness" to awaken past life recall, and perhaps heal injuries (past or present) to your psyche. Your "Psyche" will set the agenda for whatever insights you need to experience at this time to assist you on your journey through Earth's plane.

Workshop #16

Working Creatively with Your Dream Self

Experiential Workshop ..no admittance once the workshop begins. This workshop provides a basic introduction to working with one's dreams; understanding the dream cycle; dream journals; dream symbolism; why dream dictionaries are useless. Dreams are the universal language and experience of man on his earth journey. Many gifts for all mankind (for eg. the sewing machine) have come, and will continue to come through dreams. Learning to interpret one's dreams enables a person to contact and continue a lifelong relationship with the "Resident" psychic within.

Laurel Gregg

3611 Cottonwood Cres.
Terrace, BC, V8G 5C5
Phone 635-7776



Background

I have studied metaphysics for over 20 years and am a member of the Questers, National Federation of Spiritual Healers and the Johrei Centre. I am a Johrei healer, Reiki practitioner and monadic healer. I teach various classes on healing, do channel readings and past life regressions at my Metaphysical Healing Centre ... Nirvana ... in Terrace.

Workshop # 17

Meditation Dynamics

Reasons for meditating, mantras, affirmations, breathing methods, focus and concentration, as well as types of meditation will all be discussed including guidelines to develop meditation skills, goals, as well as exercises to focus the mind.

Workshop # 18

Attitudinal Healing

An ongoing process of healing the mind to inner peace. Included the 12 principles of attitudinal healing, stages of healing, essences of our being, letting go of fear, letting go of the past, forgiveness, love and fault finding, inner peace, the whole of life and extending love.

Workshop # 19

Raising Other People's Children

Whether they are step children, foster children or adopted children, they will challenge your intelligence, wisdom, and skills even more than "natural" children do. Still, nothing feels as worthwhile to me and I've helped raise more than thirty "other people's children." I've got lots of practical ideas to share and some principles too.

** Plus she will be coaching the children in the art of getting along with siblings.



Nena Joy

559 Lewis Drive
Quesnel, BC, V2J 1K4
Phone 992-3332

Background

My husband and I have been raising foster children for many years. We are presently therapeutic home parents for MSS&H. We have 2-3 teenagers at all times, most of whom have substantial behavior problems.

Workshop # 20

Health Care in the Years Ahead

A look at some of the remarkable developments in medicine which are occurring at the present time. Where will this lead us in the field of health maintenance? Much of the discussion will revolve around the book "Vibrational Medicine" by Dr. Gerber.

** Harry & Sid Tayal are the originators of the Festival... many years ago.



Harry Jukes

Box 251
Robson, BC, V0G 1X0
Phone 365-6753

Background

I spent my early life cattle ranching and then worked as an industrial research chemist followed by work as a range specialist for the Forest Service. The past 20 years I have been teaching chemistry (mostly) at the post secondary level. Have been involved in esoteric studies for most of life especially spiritual healing and more recently, astrology.

Workshop # 21

The Art of Healing

The symbols in our dreams, our lives, and our art point the way to our healing. As we heal, our planet heals. An introduction to reading our drawing and paintings. This is a hands on experience, please bring paper, crayons or pencil crayons.

** She will be instructing the children in a drawing class.



Gabrielle Wichert

402-4th St
Castlegar, BC, V1N 2B8
Phone 365-2294

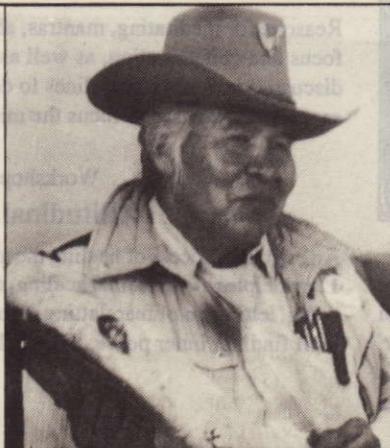
Background

I've spent the past 18 years living and learning in the beautiful West Kootenays. I teach psychology at the small community college and have a private practice. In my practice I incorporate Jungian Art Therapy, Chinese Health Techniques and Native American Spiritual teachings.

Workshop # 22

Salish Legends

An oral tradition of our teachings and our philosophies. These teachings were taught to us at conception and integrated into our lifestyle till we returned to the spirit world. The Salish lived in the central region of BC.



Glen Douglas

Box 196
Keremeos, BC, VOX 1N0
Phone 493-7181

Background

I am a descendent of hereditary chiefs traced back to when our lives were first recorded (1675). I am the resident elder, librarian, curator, archivist, historian and researcher at the En'Owkin Centre in Penticton. I travel throughout Canada and the US sharing cross-cultural education with non-native groups. My wife Lesley assists me locally.

Lynne Mündell

2420 Parkview Drive,
Kamloops, BC, V2B 7J1
Phone 579-9926



Background

Transformational Counsellor and group leader, focus of the Three Mountain Community in Kamloops for ten years. Background as a registered nurse, physicians's wife, mother of four children and has been a solid grounding for the spiritual awakening over the past 15 years.

Workshop # 23

On Earth as it is in Heaven

"Heaven is a state of consciousness accessible Here and Now to the awakened individual. We will devote the first hour to refining the vibrational attunement of the group, ie. falling as deeply into Heaven as participating individuals can allow. This will happen through the use of voice, meditation, energy sharing, and direct vibrational induction. The second hour will begin to earth the energies we have touched. How can we integrate experiences of higher states of consciousness with our day to day living? How do we bring Heaven Home? and into our Communities?"

** A Repeat Workshop

Kolin Yardley

#410-1910 Pandosy Ave
Kelowna, BC, V1Y 1R6
Phone 763-7139



Background

Kolin has studied Astrology for 22 years and has been a teacher of Astrology for the last 14 years. He taught Astrology for 4 years at the Okanagan College (Kelowna). He has studied Metaphysics and related healing fields for 25 years. In the 1980's he lived with the medicine man, Sun Bear. This experience taught him native spirituality and its respect for the Mother Earth. He is a pipe carrier.

Workshop # 24

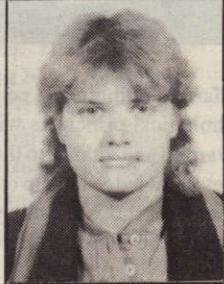
Fire, Air, Earth & Water

The basic elemental energies of life as understood from an astrological perspective. How the four elements manifest in experience of life and relationships. Individuals will learn how to be aware of their own elemental imbalances and how to correct them for greater physical, emotional, mental and spiritual health.

** He'll be available Saturday afternoon at the Alternative Healing Room.

Colleen W. Nicklassen

547 Bernard Ave.
Kelowna, BC, V1Y 6N9
Phone 762-3153



Background

I am a Chartered Herbalist and have been working in the Health Industry for two years. I work at a family owned health food store in Kelowna. I got involved in Pet Care by treating my own pets and have continued on to help others.

Workshop # 25

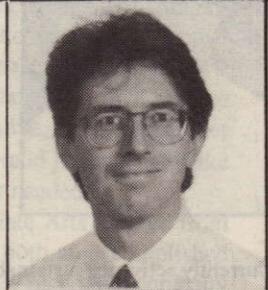
Natural Pet Care

Preparing pet food with natural ingredients, vitamins and mineral supplementation, improving their coats and treating common ailments. Using Bach remedies to treat disease as well as emotional problems.

** She will also be doing a pet care workshop for children.

Barry Hunt

3335 Bothe Rd.
Kelowna, BC, V1Y 3L8
Phone 861-9510



Background

I have been involved with consciousness raising programs for over 20 years and as I continue, I see more clearly that what I'm working with is energy and vibrations of energy. My particular interest is with respect to vibrational therapies like flower essences, oils, aromatherapy and their functions in reminding us of our essential energetic nature, my consulting practice is Hollow Stalk Vibrational Therapies.

Workshop # 26

Vision Quest for an Ideal Society

We all want to live in an ideal society so we'll discuss the principles of manifestation that lead us from vision through trust and gratitude to action and fulfillment. We'll consider aromatherapy, flower essences and essential oils to assist the process of manifestations, personally and globally.

** Working on Sunday at the Alternative Healing Room.

Workshop # 27

Basic Huna

Huna is the oldest and probably the most powerful psychology of positive living in the world. It is the system mastered by the Kahunas (shamans) of ancient Hawaii. Kahunas walked on molten lava without getting burned, altered the weather, and brought about instant healing. By understanding how to use our breath to build "mana" (vital force) and by understanding the relationship of our three selves - Uhane, Unihipili, Aumakau (conscious, subconscious, superconscious) - we too can cause miracles to happen in our lives. This session will introduce the basic principles of Huna. It will begin with a short meditation and end with a healing circle.



Theodore Bromley

RR 1, S 13, C 7,
Enderby, BC, V0E 1V0
Phone 838-7687

Background

Theodore was first introduced to the writing of Max Freedom Long, and therefore to Huna in the early 1970's. He was an active member of the Huna Fellowship in Alberta and has just established a fellowship in Enderby, where he now lives. His interest in crystals has been ongoing since a small boy. He has actively been researching the "power" of crystals as aids to spiritual, emotional and physical healing since 1987.

Workshop # 28

Crystal Energy

Theodore will speak on the general relationship of colour, chakras and crystals. Participants will be encouraged to "feel" the crystal energy and to put it to positive use for themselves and others. We will finish by doing some group energy work involving crystals.

Workshop # 29

Astrology, Mythology & Self-Transformation

Myths used to play a vital role instructing people on how best to deal with life. Our culture today is a mixture in which we have nearly lost contact with our myths and their insights. Myths explain our life processes and experiences to us. And astrology reveals which myths are most important/helpful to each individual.



Marilyn Waram

610 Lidster Place
New Westminster, BC, V3L 5E2
Phone 520-1807

Background

Marilyn combines a penetrating insight into astrological and psychological principles with a love of myth and archetypes to bring warmth and vitality to the study of "What makes us Tick." She uses her knowledge to help others in their own journey of self-discovery. Her workshops are always thought-provoking, insightful and uplifting as she shares with you "What makes us tick BETTER."

Workshop # 30

Community Starts with Two

Creation of a global community requires of us that we develop new levels of respect, tolerance of difference and abilities to communicate - exactly the same skills needed to create a lasting love relationship. Based on Marilyn's booklet "How to Have the Relationship You Want"; this workshop examines attitudes and behaviors which foster love versus those which destroy it.

Workshop # 31

Connecting with Nature More

Renew our sense of belonging
Refresh our sense of place and community.

This year we revisit the natural world with some more "sensory" tools to enjoy, honour and celebrate our connections with the natural world community. An experiential workshop.



Peter Duryea

Box 23
Grey Creek, BC, V0B 1S0
Phone 227-9469

Background

Currently active for sustainable communities and for education about the natural world, Peter has been facilitating workshops, plays and events in the BC Interior for many years. The TIPI Camp, a secluded lakeside facility on Kootenay Lake, is a summer focus for many of these activities.

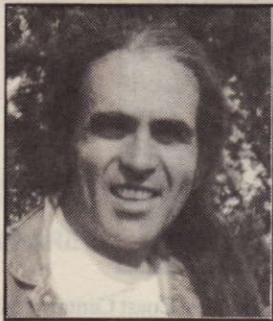
Workshop # 32

"Empowering ... Ourselves and Others"

Becoming a vision of ourselves at our future best ... helping the earth become her vision. In today's world, we need ways to interact that are creative, that promote wholeness and balance. Join us as we: Experience our connection within and without, examine our personal gifts and channels for expression, discover the avenues for expression and cooperation. An interactive workshop with visualizations.

Yellow Bear

RR 1, Site 6, Box 13
Winlaw, BC, V0G 2J0
Phone 226-7258



Background

My grandmother told me that the blood of all the races flowed in my veins, and that each was important. Since then, I have studied the religious and philosophical teachings of each racial aspect of myself, working as a lay theologian in the Catholic churches, as an ordained Minister for a number of Christian churches. For a number of years, I worked in community organizations and did social work in Black, Hispanic and Native communities, seriously connecting with the native spiritual path in the early 1970's, including Visionquest in the Hopi traditional lands. My guidance and study came from the elders and teachers of many different tribes and traditions.

Workshop # **33** ..for Men Only
Workshop # **34** ...for Everyone..
Teens Invited

Honest to Goodness Emotional Purification

Moving emotional blocks through an honest look at the dark corners of our hearts and minds. Come prepared to be honest and frank about any and all "secrets." There will be a focus on sexuality and the misuse of sexual energy.

Gay Monkman

2981 Mira Place
Burnaby, BC, V3J 1B7
Phone 420-3806



Background

Five years of extensive studies enabled me to obtain the position of a Licensed Practitioner of Religious Science. During my studies I was very involved as a teacher of the metaphysics to the children of the church. I credit the time with the children as the main reason I developed my understanding of the Universal Principles so rapidly. I now function as a Spiritual Counsellor at the Science of Mind Centre in Vancouver. This includes actively participating in the Healing Ministry, Sunday Services and facilitating self-esteem and study groups.

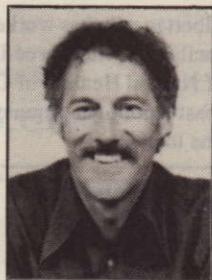
Workshop # **35**

Enhancing Communication Skills

Children, Parents ... Everyone Invited! This 3 hour workshop for everyone is to show that an unseen power exists and that the brain is the tool we use. Group participation with exercises and pictures that stimulate right/left brain balance will demonstrate that although we cannot see this thing that knows all, it is real. Once we realize that we have access to the knowledge of the Universal Mind, we can start realizing our potential. Discussion as a family takes place, then a spokes person from each group shares the whole with their thoughts and ideas. A closing meditation will stimulate continued growth of awareness of the self, the family and the community of our planet.

Peter Morris

RR#1, S-18, C-49
Maderia Park, BC, V0N 2H0
Phone 883-9733



Background

Since seeing my first ghost, over 40 years ago, I have worked my way through life on the spaceship Earth, going from one spiritual adventure to another, learning and expanding my knowledge with the assistance and guidance from my spiritual teachers. These entities have taught me well, and while not for one minute did they exclude me from the trials and tribulations that one may encounter here, they certainly gave me the "tools" complete with instructions on how to deal with them!! My guides therefore, will be on hand during this workshop to share the simple methods and exercises to help students take advantage of their own past life experience to assist in this one.

Workshop # **36**

You are a Crew Member on the Spaceship Earth

As such you have the responsibility to yourself and your fellow travellers to; be healthy in your body and mind, be attuned spiritually and remain as close to your "course" as possible. With the assistance of Prof. Jenkins and Karmu, Peter will channel "Course Instructions" and exercises to bring you to a point of understanding in your life that will enable you to open yourself to the universe and in turn allow the universe to open to **You!** This is a *selfish* workshop so come prepared to work on You ... and enjoy it!

Workshop # 37
Path of the Warrior

Getting in touch with yourself, who you are and where your actions come from is the point of power. Right actions come from the heart that can clear itself from entrapments of our ego, our emotions, and our minds. The present is the point of action from which futures change. Taking care of your own mind, heart and soul frees you to be clear to help others, without compromising yourself. Uniquely as part of the global home; make your individual contribution count.

Bring a blanket.



Marsha K. Warman

920 West 21st Ave
Vancouver, BC, V5Z 1Z1
Phone 738-2350

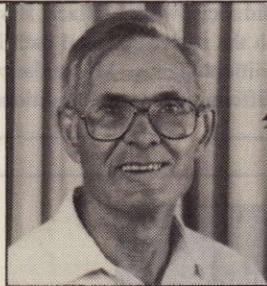
Background

Currently a student at the West Coast Centre of Massage Therapy in Vancouver, Marsha is a long term resident of Kelowna and an active participant in the wholistic preventative health movement for the last 20 years. Her recent work with facilitating mind/body healing with a focus on spiritual integration was developed from her many years of study in many diversified area.

Workshop # 38
Does Death Begin in the Colon?

The health of every cell of the body is dependent upon the supply of proper nutrients and waste removal. Autointoxication or self poisoning, toxemia and constipation are the result of a digestive system that is not working correctly. Hank has many excellent tips for optimum health as he explains the benefits of colonic irrigation.

* In attendance at the Alt. Healing House.



Hendrick (Hank) Pelsler

160 Kinney Ave.
Penticton, BC, V2A 3N9
Phone 492-7995

Background

I am a Herbalist registered with the Dominion Herbal School and Wild Rose College of Natural Healing. I studied nutritional counselling with Dr. Kurt Donsbach, Paavo Airola and Dr. Bernard Jensen. Trained as a Colonic Therapist in Nova Scotia and am in the process of starting up a certified training course in the Valley. As well, I am certified as a Nutripath and continue to upgrade my knowledge monthly.

Workshop # 39
One Brain

Dyslexic Learning Corrections and
Whole Brain Integration.

It doesn't matter how smart or bright or well educated, everyone of us has a "learning disability." Somewhere in our growing up process, we lock in our negative experiences and lock out our ability to learn. Self-image, personal achievement, self-esteem and effective communication - these head the list of dyslexic blind-spots based on past negative reaction.

** Children's Festival presenter.



Melonie Old

2615-24A St, SW,
Calgary, AB, T3E 1W2
Phone 283-6975

Background

Melonie is a native Albertan who has worked in the Health Care field since 1975. She is a registered Stress Facilitator with Three-in-One Concepts. She is an instructor at the Wild Rose College of Natural Healing in Calgary. She works with clients to help them discover and defuse past emotional traumas. The basis of her work is to provide choice where no choice seems to exist.

Workshop # 40
The Equality of Women and Men
A Prerequisite to World Peace
Bahai Perspective

Helping to establish peaceful goals as alternatives to present day causes of war such as racism, extremes of wealth and poverty, religious strife, and the domination of public affairs by men. Worship will focus on female/male relationships.



Anna Smith

Janet Gray & Flor Behrouzi
RR 3, S 13, C 34
Penticton, BC, V2A 7K8
Phone 492-4912

Background

Flor is a fourth generation Bahai, a R.N., and has worked as a nursing instructor in Africa. Janet Gray is also a R.N. has a B.A. and a background in social work, she has been a Bahai for seven years. Anna Smith has been a Bahai for thirteen years and works as a life skills counsellor

Marie Spicer Wells

911 Carbonate St.
Nelson, BC, V1L 4R3
Phone 352-2713



Background

Marie has ten years of experience working with groups which use consensus and gives workshops on this subject through-out the province. Her workshop will bring together some of her tried and tested ideas on how to bring cohesion and trust into groups.

Workshop # 41

Building Group Dynamics

This workshop will examine some ways in which we can bring greater harmony into groups. We will look at ways to build trust, create positive working environments and promote good communication skills. Consensus is a process in which no decision is finalized until everyone in the group feels comfortable with the decision and is able to implement it with good will. Ideally, consensus synthesizes the ideas of every member of the group into the decision.

Donalie Caldwell

Site 0, Comp 207, R.R. 3
Westbank, B.C., V0H 2A0
Phone 768-3404



Background

After 20 years of nursing and growing dissatisfaction with conventional medicine, my own health finally led me to natural therapy. Since then, I have studied Touch for Health, Reflexology, Health Kinesiology, Iridology and Educational Kinesiology. Although still doing nursing I now mainly practicing Health and Educational Kinesiology

Workshop # 42

Health Kinesiology

Learn how to communicate with the body by muscle testing. An introduction to energy balancing through the use of specific reflex points and magnets to heal all the bodies; physical, mental and spiritual.

** Alt. Healing House practitioner.

Cecile Begin

RR1, S-16, C-5, Brent Rd.
Peachland, BC, V0H 1X0
Phone 767-6465



Background

After fourteen years of being sick, I started to read and study and learned to be my own doctor. I changed my way of thinking about nutrition, and what health really meant. I changed my way of life and started feeling great once again. I studied intensively for many years in Ontario, took my Doctor of Nutripathy by correspondence, plus colonics training and more. 7 years ago, I opened my own clinic in Ontario and started helping people to understand their bodies. I am still studying and now have a private practice in Peachland.

Workshop # 43

Your Health & Personality Revealed though the Eyes

Come and learn how Iridology provides us with insight into patterns of lifestyle and potential inherent weaknesses and how we can prevent physical problems. Learn the Rayid method of revealing personality, attitude, behaviour, emotions, etc. Remember that your eyes are trying to tell you something.

** Alt. Healing House practitioner.

Maureen Blaine-White

2347 McGraw St.
Penticton, BC, V2A 7W9
493-3755



Background

I have had a wholistic approach to health for 25 years and have been involved with the "mind conscious/self-awareness" movement for over a dozen years. I have a counselling service based in Penticton where I now live. I use Ericksonian Hypnotherapy skills, Neuro-Linguistic Programming and specific psychic techniques for private counselling, workshops and Self-Development Groups. I use dream interpretation in my work to further my understanding of the subconscious mind. I use gemstones for "play" and awareness expansion.

Workshop # 44

Dream Interpretation

Three hours of learning how to interpret what dreams mean to you. Come prepared to ask and learn. Paper and pens provided for taking notes home to begin using the techniques immediately.

** Gemstone Fascination for Children

Workshop # 45

My Planet: Using Art Therapy for Growth

This workshop is for family participation ... Kids are welcome to join their parents in this introduction to art therapy as it relates to feelings and concerns about our planet and its future; various uses of art media in groups to build 3D structures exploring our connections to the earth, our community and ourselves.

Workshop # 46

Create Your Reality:

Art Therapy Awareness of World & Home.

An introduction to art therapy ..for adults only... as it relates to relationships within our home, our community and the larger scale of our world and plane; experiential experiences with art media in various constellations of individual groups of two, small groups, relating to past, present and future issues.



Christine Lind, MA

201-55 Padmore Ave. E
Penticton, BC, V2A 7H7
Phone 492-6902

Background

I currently live in Naramata. I am an Art Psychotherapist and a Marriage, Family and Child Therapist, specializing in women's and children's issues, with experience in the areas of sexual abuse and childhood trauma. Presently I work part time at the Transition House for Battered Woman and Children in Penticton as well as a private practice. I am a public art educator and a practicing artist as well.

Workshop # 47

Gas, Gripe and Gurgles:

The Crummy Gut and what to do about it!

This seminar is designed to educate and enlighten those having a most socially uncomfortable problem. Our G.I. tract is a source of problems for many. And no wonder ... preservatives, additives, refined and fractionated foods, and rancid oils. We are, not only, what we eat, but what we digest, absorb, break down, transport, synthesize, store, metabolize and then excrete. Learn about some inexpensive and common tests, practical tips and words of wisdom.



Dr. Kyrie Jardin

#204-S. 1403 Grand Blvd.
Spokane, WA, 99203
Phone 509-838-5413

Background

Dr. Jardin is a Chiropractor and Naturopathic physician who practices in Spokane. His areas of interest include musculoskeletal health, proper nutritional digestion and absorption and detoxification. His orientation is based on current scientific data and historic folk treatments.

Workshop # 48

Sick and Tired versus Wired and Tired

Differential diagnosis and discussion of Hypothyroidism and Hypoadrenalism. Information, facts, figures, questionnaires and treatment tips regarding too common stress-induced maladies. Good for the patient, and the healer, as well

Workshop # 49

Part 1

Workshop # 50

Part 2

Cybernetics

Dynamic self-regulatory control based on feedback mechanism for optimal function of mind and body. Development is determined by human factors designed to the biosocial context of adaptation throughout life. These contexts include the family setting, school, business and community. Connectiveness to ourselves and hence to others. An innovative and fun workshop exploring the potential of movement control.



Annette Reeves

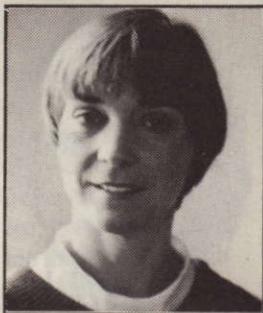
2106 12th St.
Vernon, BC, V1T 3S4
Phone 545-2749

Background

Annette has been in the Fitness Industry for the past seven years and has worked as a behavioral counsellor in a weight loss clinic. She is currently a registered supervisor of Fitness with the BCPRA. As a graduate of the Diploma program in Health and Fitness Studies, School of Kinesiology, Simon Fraser University, Annette has developed her consulting business in Health and Lifestyle Management. She offers instruction and counselling in nutritional balance, physical well being and how to implement changes into a lifestyle.

Diane Patten

E. 4 - 14th Avenue
Spokane, WA, 99202
Phone 509-833-5413



Background

Diane Patten has a private practice in counselling and massage therapy in Spokane. She is well-known for her work with incest survivors and groups that celebrate passages in women's lives. She has done meditation and yoga practice for 18 years.

Workshop # 51 Women Spirit Rising

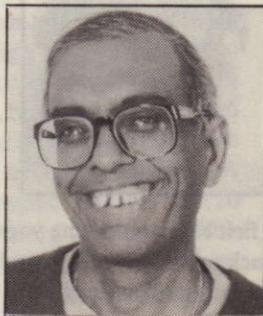
This will be ceremony of awakening and listening to your heart song. In the company of other women we will pause and appreciate and acknowledge all of what it means to be a woman. "I want to live my life, my very own life. I want to claim it and live out every partial of it." In this way we contribute to our own wholeness and to the wholeness of the world.

Workshop # 52 Authentic Movement

Authentic movement is a process which includes both a mover and a witness. With eyes closed, the mover takes an inward journey, allowing subconscious material to rise and be known. Moving is about experiencing oneself more fully. Witnessing is the practice of seeing self and others without judgment, projection or interpretation. This is an experimental workshop where we'll work in pairs and each person will have an opportunity to move and be witnessed, share process, then switch to be the witness.

Sid Tayal

Box 300
Rossland, BC, V0G 1Y0
Phone 362-9481



Background

I have been involved in Self-Help Touch Polarity and Acupressure Therapies for last fifteen years. I have given workshops and shared private treatments all through North America, India and Japan. Presently, I'm studying Orthobionomy and integrate many different therapies to help my clients. Each year, I organize the annual week-long Centre of Awareness Retreat in August, near my Rossland.

Workshop # 53 Accupressure/Shiatsu

Hands on workshop in working with oriental bodywork to relieve stress and pain, and to balance energies. It works at preventive, curative and regenerative levels. Hands on experience during this workshop.

Blenda H. Steward

4458 West 13th Ave.
Vancouver, BC, V6R 2B3
Phone 736-2979



Background

Blenda is a Sex Therapist/Intimacy Counsellor in private practice in Vancouver. Over the years she was a researcher for the Kinsey Institute for Sexual Research, Counsellor for Juvenile Delinquents, Special education Teacher, High School Counsellor, Counsellor for Drug Addicts & Alcoholics Rehab. Centre and was manager of "Singles International Club." Her latest adventure is Pleasurable Safe Sex Greeting Cards featuring Teddy Bear Tips and a Pleasurable Safe Sex Manual.

Workshop # 54 Singles Only ...Teens and Adults

This is your chance to meet other single people attending the festival. Teens Welcome. Have fun meeting and greeting the person of your choice. Plus discussion on ... How to overcome fears of being rejected. What men and women want from each other to be happy.

Workshop # 55 Pleasurable Safe Sex ...Teens & Adults

With the proliferation of AIDS and other Sexually Transmitted Diseases, learning how to have fun with safe sex, can help to contain the spread of disease. Here is your opportunity to learn healthy attitudes and joyful techniques designed to replace worry with a happy smile of loving satisfaction. This timely topic has a touch of humour, followed by a question and answer period in which you can ask all the questions you've wanted to know about sex and haven't dared to ask.

Workshop # 56

The Wise Old Woman of the North

Expanding on last year's popular Wisdom of the Crone, I invite all woman, particularly the elders, to journey with me to regain our ancient wisdom, sharing in one another and honoring our Mother Earth. Please bring some small items for a giveaway ceremony.

Workshop # 57

Reiki - Universal Life Energy through Healing Touch

Reiki (Ray-Key) brings the energy of heaven to earth in this easy to learn form of natural healing which treats Body/mind, Emotions and Spirit in a safe, gentle, non-invasive way. Come and treat yourself.

****Reiki treatments will be given at no charge, all weekend.**



Noor-un-nisa

Joan Smith

Box 134
Salmo, BC, V0G 1Z0
Phone 357-2475

Background

A Reiki Master, Sufi Minister and private counsellor with several years experience teaching and leading groups. She is mother of three children, lives simply in deep country and learns from all life around her.

Workshop # 58

Yoga: Seeing our Bodies in a New Light

When one asks "Where do you love?" the usual response is Penticton or BC or wherever. Seldom is the response "in my body." Yet our bodies are our first home, our earth body. They can be seen either as prisons of something to transcend or escape, or they can become a tool for expressing our own unique and powerful spirit. The choice is in our hands. This is an experiential workshop.

**** Please bring a blanket, mat and play clothes.**

Workshop # 59

Yoga Dance .. for the Child in all of Us.

This is what you do after the work is done. It is playful, spontaneous expression of one's unique spirit. The seat of the mind is at the heart centre. When the mind and the body both unite at the heart... Yoga Dance happens. Come prepared for adventure!

**** Please wear exercise clothes.**



Ken Stevens

RR 3, Site 11, Comp 183
Vernon, BC, V1T 6L6
Phone 542-7688

Background

I first began practicing yoga in 1977 to help me with severe lower back pain. Eventually I enrolled in the two year Advanced Studies at the Iyengar Yoga Institute in San Francisco. The experience changed my body, my relationship with my body and the direction of my life. In short, I began to find .. Myself. My desire is to share with others what I am discovering that a commitment to one's own work, to one's own betterment, to one's own Dharma is a commitment to the world as our community and the planet, our home.

Workshop # 60

Creating Council on the Sexes

A gathering of men and women together having and exploring our issues between the sexes. We will be using the council process whose origin is traced back to the league of Iroquois, the people of the plains, and the southwestern Pueblos. Using the talking piece, we will practice speaking honestly, being brief, and listening from the heart.

Workshop # 61

Reiki - The Usui System of Natural Healing

Reiki is an ancient Japanese Healing Art that works on all levels of our being: physical, emotional, mental and spiritual. It works by channeling universal healing energy through the hands to ourselves and others. Reiki is a gentle yet powerful tool for self-transformation which anyone can learn.



Vicki Allen

Box 104
Silverton, BC, V0G 2B0
Phone 358-7786

Background

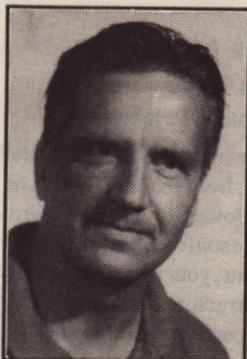
Moving to my remote community in the north end of the Slokan Valley 17 years ago, from an urban life back east has had a profound effect on my view of personal healing, social structures, and discovering reverence for the power of community love, acceptance and support. I live there with my husband Mark and a multitude of eccentric and dear friends of all ages and backgrounds. I also travel and teach Reiki, lead therapy groups, and do private counselling.

Larry Koftinoff

1425 Rosehill Rd.
Kamloops, BC, V2E 1R8
Phone 828-7930

Background

Larry became involved 4 years ago and now travels with and promotes Brother Charles as much as possible.



Workshop # 62

Synchronicity

Contemporary High-Tech Meditation

Explaining the contemporization of the ancient traditions and how it has enhanced my own experience. There will be a meditation using this technology, a short video by Brother Charles followed by a question and answer time. Synchronicity:Canada is honoured to offer a meditation environment room at the Festival. Come and meditate in space that is conducive to meditation - sound, smell and sight will be addressed to provide an environment that will be transformative.

****The Meditation Room in Alberta Hall will be open both days.**

Netta Zeberoff

S-20, C-5, RR-1,
Castlegar, B.C., V1N 5H7
Phone 365-3512

Background

Netta is a graduate of the Dominion Herbal College and a Reiki Master. She was raised in the most natural way ➡



Workshop # 63

Herb Walk

We will look for food, shelter and healing plants in the area. Weather permitting. Meet at the in front of Columbia Hall.

Background cont. possible, inheriting her healing touch from her mother and her beautiful voice from her father. Netta gives workshops in her gardens at the Herbal Cradle House in Passcreek, B.C. There are more than 50 perennials in her gardens, as well as the herbs God has given Mother Earth, which are found in her backyard forests and mountain sides.

Linda Kusleika

Box 300,
Rossland, B.C. V0G 1Y0
Phone 362-9481

Background

I have been involved in the healing arts using them as a vehicle for my own transformation. I share that journey ➡



Workshop # 64

Massage for Every Body

In this workshop we will explore some basic techniques of massage and exchange head, neck and shoulder massage on each other. Bring a blanket and a pillow.

through private practice, teaching Yoga and bodywork. I love the opportunity to return to the Spring Festival to participate, exchange and energize!

Workshop # 65

Introduction to Primal Therapy

"An Exploration to Connect to your Original Self."

Experiential workshop please bring blanket and a pillow. How to explores one's birth and conception material. The way out of pain is by going into it. allowing it to get out of the system and thereby opening to peace, joy and love. the way to be emotionally whole is by dealing with what your body, in its infinite wisdom, is ready to clear. We will use breath, sound, movement and touch to reach, release, connect and complete old feelings. When you clear out old feelings, you no longer have to struggle to complete, in the present, what is unfinished from the past. This workshop provides opportunity and support to experience how Primal Therapy can work for you. If you are close to your feelings, it can be a successful and rewarding work session.

Background

Agnes and Ernst have trained in Primal Therapy since 1978. They went through the process themselves extensively. Meanwhile they are involved in ongoing studies with world authorities in the discovery of our Cellular Consciousness.



Ernst & Agnes Oslender

Site 3, Comp 18, RR 1
Winfield, BC, V0H 2G0
Phone 766-4450



Connie Hargrave

Workshop # 66
The Seven Rays

An Introduction to Esoteric Psychology

Seven great rays, or streams of energy, emanate from the Constellation of the Great Bear and influence all planetary life, from the constitution of each human to the interaction of nations. The Ray of Power, of Love, of Harmony through Conflict, of Ceremonial Order or Rituals are some examples. Know your rays and you will know your strengths and limitations, your path of least resistance in this life and the bridges and barriers your ray structure creates between yourself and others. Join us for an introduction to this complex and fascinating science.



Diana Holland

Background

Connie & Diane write for SHARE International magazine and practice Transmission, a meditation for the New Age. The information which they share comes from Benjamin Creme, a credited disciple of a Perfected Master of Wisdom. One of the senior members of the spiritual Hierarchy at the heart of our planetary life, this master is a close collaborator of the Lord Maitreya, the World Teacher for the Age of Aquarius, who lives now as an ordinary man in the Pakistani community of London, England and emerging gradually onto the world scene.

1107-1945 Barclay St. Vancouver, BC, V6G 1L2 Phone 684-0911



Workshop # 67
Inner Rhythms

Strong, Stretched & Centered

Focus of this 3 hour workshop: postural alignment, breath awareness, dance exploration, African dance techniques, stretching and relaxation. This workshop will feature the drumming of Anita Moor, Daniel Stark and David Thiaw.

Workshop # 68
Demystify Drumming

Through knowledge and story telling, we will focus on hand drumming, highly educational as well as a skilful approach tailored to beginners, as well as intermediate and advanced. Bring your drums, shakers and percussion instruments. Some drums will be supplied.

Joan Casorso

2190 Bartley Rd.
Kelowna, BC, V1Z 2M7
Phone 769-7424



David Thiaw

c/o Joan Casorso
2190 Bartley Rd.
Kelowna, BC, V1Z 2M7
Phone 769-7424

Background

Joan Casorso has been teaching Strong, Stretched and Centered and Fitness programs for 13 years and continues to study and integrate new techniques into the program such as performing kinesiology, reflexology, Touch for Health and Bioenergetics along with the ancient practice of Tai Chi, Yoga and African dance and drumming.

Background

Master Drummer from Africa, also a drum and instrument maker and story teller. Several decades of experience performing and teaching. Taught across Canada, including many of the professional drummers that are active today.

Interested in the Festival?

but you didn't get the January/February edition of ISSUES, which has the description of all the workshops and autobiographies of the 55 instructors. Phone Marion Walters 493-3697 and she will mail one to you.

Important Information

Meals must be pre-ordered by April 15th

Everyone needs to bring their own Travelling Mug.

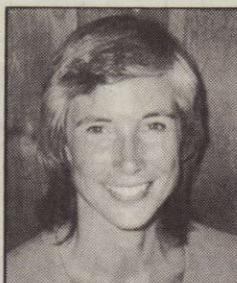
Registration starts Friday at 1 pm. - Opening Ceremonies at 7 pm

If you are a healer, Reiki Practitioner or would like to volunteer at the Children's Festival. Our Motto is "**Give-a-day, Get-a-day.**"

We waive entrance fees if you want to work one day and attend workshops on the other day.

Sunrise Ceremonies

For the uninitiated this is an early morning stretch. We have 3 locations this year as this has proven to be a very popular event.



Linda Kusleika, Ken Stevens & Donna Martin

are the Yoga teachers joining us for the Festival this year and they will amalgamate their services to offer **YOGA IN MORNING** in the Loft.

As always **Harold** loves company doing **Tai Chi** in the Gym.



Or join **Urmi Sheldon**
Saturday morning only,
6:30 to 7:30 for
Dynamic Meditation
in the North Wing.



Wear comfortable clothing and please don't eat or drink before the class. Dynamic meditation originated about 25 years ago in a Himalayan hill-town in India. The enlightened mystic Osho created this meditation as a means to break thru the control of the western mind and help them to experience a state of meditation. The meditation focuses on the release of emotional blocks. There are four stages, Chaotic Breathing, Catharsis, (emotional release), Hoo Mantra, Silent mediation and Dance.

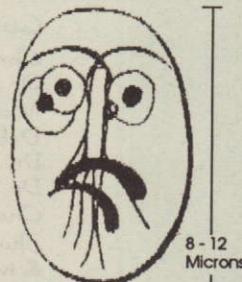
VITAL SYSTEMS BULLETINS

Beaver Fever (Giardiasis)

Please don't blame the beavers, until a few years ago there were no reports of water-borne outbreaks of giardia. The first occurred in Aspen, Colorado in 1970 and the disease has since occurred throughout North America.

Causes of the rapid spread of the problem include the increase in tourism throughout the world and careless human defecation in the wilderness.

To find out more read "How to Shit in the Woods"; by Kathleen Meyer.



Giardia Cyst

To protect yourself from giardiasis choose a Seagull Water Purifier available only at **Vital Systems**, for drinking water only or the whole house. *Ask about our low-cost portable model.*

Electro-magnetic Fields (EMF)

Some fields like those from the earth and the sun or microwaves and radio waves we cannot control.

Others, like the fields generated in our homes we can and should control.

Appropriate testing can identify the location and strength of various electro-magnetic fields which can often be reduced or eliminated.



Call us for more information about home tests or other products and services for healthier homes.



VITAL SYSTEMS

1091 Gordon Drive,
Kelowna, BC V1Y 3E3

Call 1-800-661-2602 or 861-8381

**The World is our Community,
The Planet is our Home.**

Welcome to the Naramata Centre and the 14th Spring Festival of Awareness. We hope that this will be a joyful, uplifting and fulfilling experience for each of you, as it is for us, the organizers.

In response to the overwhelming feedback from last year's festival goers, we have taken and extended the theme of community as our keynote for this year's festival.

It is generally recognized that a large part of the malaise of our modern society is a sense of alienation from each other, and from the Earth, our home. Much of the Spiritual Work of people drawn to the Healing Arts, the New Age Movement, Paganism, Environmentalism and Native Spirituality has to do with reclaiming our sense of connectedness to the great circle of all life.

We hope that you will experience this sense of Community during the Festival so as to be re-energized in your own growth, in order to help heal our world.

Welcome Home !!



Festival Organizers for 1992



**Festival
Co-ordinator**

**Angele Rowe
492-0987**

**Workshop
Leader
Co-ordinator**

**Judy Byer
492-3696**



**Entertainment
&
Festival Store
Co-ordinator**

**Laurel Burnham
492-7717**



**Children's
Festival
Co-ordinators**

**Urmi Sheldon
492-5179**



**and
Daryl O'Neill
492-7717**

Registration Co-ordinator

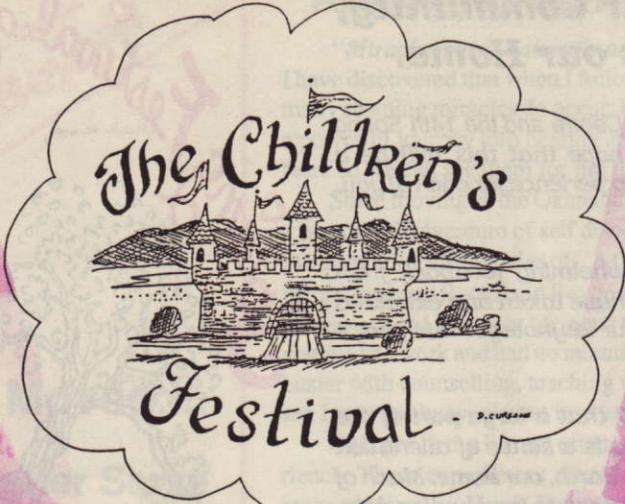
**Marlon Walters
493-3697**

**#304 - 894 Weyburn St,
Penticton, B.C., V2A 6A9**



**If you need information, want to
register, volunteer, cancel your
registration or change your
accommodation**

... Please phone her.



The Children's Festival

Special Guests

Wiz Bryant
Tink & Judy



This year the Children's Festival of Awareness will be better than ever!

The program offers a variety of workshops similar to the adult festival. Children are given the choice between a workshop, outdoor games, or they can create something wonderful in the craft area.

This year we are planning some organized craft classes and we have an exciting wood working area with a qualified instructor.

The Children's Festival is host to about eighty children and each year we get better at knowing what the children like. We will be focusing on some special events for the 9-12 year olds as well as a Musical Cornucopia for the last afternoon.

The children will be treated to a variety of top quality performers including WIZ BRYANT,

Canada's Balladeer and TINK & JUDY, who specialize in Children's Musical Theatre.

In keeping with our tradition we will provide an atmosphere of freedom and enjoyment. Participants are encouraged to be as creative as their imaginations can allow. We also encourage parents to attend at least one workshop with their child.

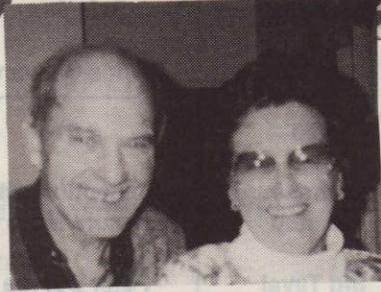
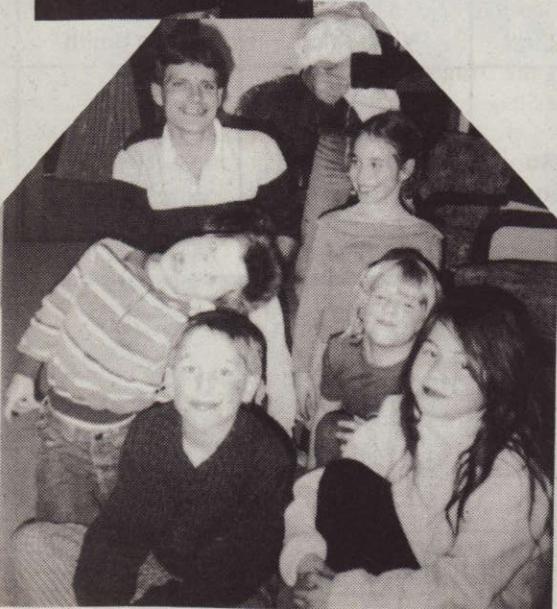
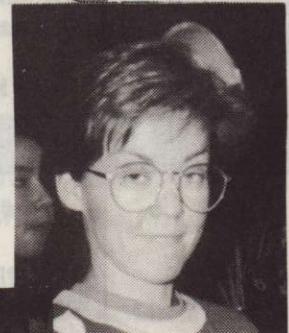
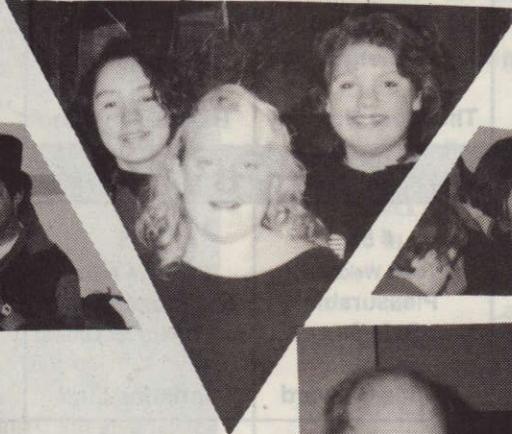
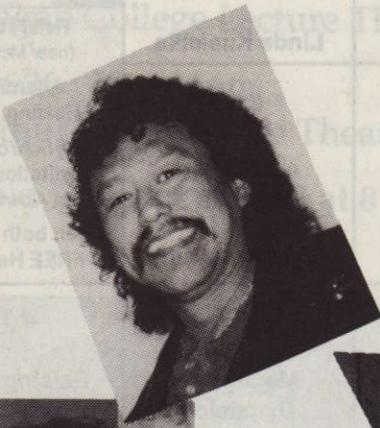
If you would like to volunteer at the Children's Festival or have musical talent to share, we invite you to join the fun!

For volunteer information please phone Marion Walters or Urmi Sheldon. We waive entrance fees in exchange.

Check the next ISSUES for complete details about the Children's Festival schedule.



The Children's Festival

A central logo for 'The Children's Festival' enclosed in a cloud-like border. The logo features a drawing of a castle with a flag on top, a boat on the water, and a small figure on the shore. The text 'The Children's Festival' is written in a stylized font, with 'The' and 'Festival' in a larger, more decorative script and 'Children's' in a smaller, simpler font. A small signature 'D. CURRAN' is visible at the bottom right of the logo.

Children's Festival Workshops

for 6 years old and up.

1 Musical Theatre "Just for Kids"

with Tink and Judy

Stimulate your imagination with songs, dance, comedy and audience participation. We have a special song "Just for You."

2 Meditation

with Margrit Bayer

Take a few moments to turn inward and feel the quietness of you.

3 Pet Care for your Dog or Cat

with Colleen Nicklassen

Learn some new ideas about taking care of your pet, and what makes him/her happy, plus time to ask questions.

4 From the Heart

with Sheila Carter & Nancy MacKinnon (Music educators)

Feeling good about ourselves and our world by sharing music, song, movement and the use of simple instruments.

5 Fun with Singing

with Martin Stone

Song making, sharing and creative expression through music.

6 Heal the Planet

with Gabriele Wichert

Using crayons and paints we'll explore ways to heal the planet.

7 Freedom of Expression

with Larry Adams

An innovative art class, starting with a backwoods walk to challenge how we view our world. Using voice and sound, discover the vibrations of yes and no. How do happiness, sadness and anger feel. Then express these feelings on paper using your non-dominant hand.

8 Dancing the Animals

with Yellow Bear

Drumming and dancing using a native ceremonial drum.

9 Herb Walk

with Netta Zeberoff

Learn about the various plants, how to identify them, what they are good for and which ones are edible.

10 Yoga Animals

with Linda Kusleika

Make a fish or a rabbit! See how many animals are inside your bodies using the principles of yoga.

11 Make-a-Play

with Chelsea and Bobbie Warman

Actively express your creativity and gain admiration from adults, this playshop is filled with practical and imaginative ideas on how to produce your own skit and have the neighbourhood join in. Chelsea is 13 and Bobbie 10 and they are old pros at it.

12 Yoga Dance

with Ken Stevens

Learn to combine yoga postures into something really cool.

13 Gemstone Fascination

with Maureen Blaine-White

Come play, ask questions and feel the energies of various types of gemstones and crystals. Take a gemstone home with you.

14 Chief Coyote Legends

with Glen Douglas

Hear stories of trickster coyote as told by an Okanagan Elder. Native traditional teaching told with humor.

15 Storytelling and Drumming

with David Thiaw

Initiation to integrating speech, body, hand and rhythm patterning to African drumming.

16 Universal Games

with Gay Monkman

A playful look at the universal laws and how we can apply them to everyday life. Learn to expand your awareness to include the planet.

17 Make a Banner

with Urmi Sheldon

Work with fabric, sparklers, and lots of imagination. Create your very own banner to take home and wave in the parade.

18 Dancing the Dragon

with Fae Shaw

Share Tai Chi's creative movements and practice walking on air as we learn some very ancient ways of being aware.

19 Make a Bird House

with Robert Zussino

Working with nails, hammers and wood, create a bird house to take home with you.

20 Crafty Crafts

with Penny and/or Jennifer

It is requested that the children participate in at least two of these scheduled playshops. **Sign-up Sheets** will be in the Gym all day Friday. Please have your child put their name on the workshops they wish to take. We also suggest that the parents participate in at least one of their child's playshops.

SATURDAY Schedule for the Children's Festival for ages 6 and up

TIME							
8:45 to 10:15 am	Whats What and Where its At ... Name Tags & Universal Tour Sing-a-long with Wiz Bryant, Sheila Carter & Nancy MacKinnon.						
SNACK							
10:30 to 11:30	# 1 6 to 9 year olds Musical Theatre with Tink & Judy	# 4 6 to 9 year olds From the Heart with Sheila & Nancy	# 7 8 to 12 year olds Freedom of Expression with Larry Adams	# 9 9 -12 years olds Herb Walk with Netta Zeberoff	Trampoline Schedule 6 to 8 yrs.	Outdoor Games Ongoing Projects in the Woodworking Room and the Craft Tables	Parents & Kids Enhancing Communication Skills Adult WS # 35 with Gay Monkman
11:30 to Noon	# 2 6 to 9 years olds Meditation with Margrit Bayer	# 5 8 to 12 year olds Fun with Singing with Martin Stone	# 20 8 to 12 year olds Crafty Crafts with Penny	# 20 6 to 9 year olds Crafty Crafts with Jennifer	9 to 12 yrs		
LUNCH							
1:30 to 2:30	# 1 8 to 12 year olds Musical Theatre with Tink & Judy	# 6 8 to 12 year olds Heal the Planet with Gabrielle Wichert	# 7 6 to 9 year olds Freedom of Expression with Larry Adams	# 9 6 to 8 years olds Herb Walk with Netta Zeberoff	9 to 12 yrs 3 to 5 yrs (1:45 to 2:30)		
2:30 to 3:30	Ceremonial Tree Planting with Everyone plus Dances of Universal Peace with Waduda & Rodney						
SNACK							
3:45 to 4:45	# 3 All ages Taking Care of your Pet with Colleen Nicklassen	# 5 6 to 9 year olds Fun with Singing with Martin Stone	# 8 6 to 9 year olds Dancing with the Animals with Yellow Bear	11 to 15 year olds Drumming & Dancing with Joan Casorso (3:15 - 4:30) meet at Gym	6 to 8 yrs.	Ongoing Games and Crafts	
5:00	Parents are asked to be as prompt as possible when picking up their children for lunch and after classes. Adults are asked to participate in ONE of their Children's Workshops, Children must choose a mininum of two workshops.						

SUNDAY Schedule for the Children's Festival for ages 6 and up

TIME

8:30	Children's Festival starts						
8:45 to 9:30	# 10 6 to 9 year olds Yoga Animals with Linda Kusleika	# 13 8 to 12 year olds Gemstone Fascination with M. Blaine-White	# 15 8 to 12 years olds Storytelling & Drumming with David Thiaw	# 17 8 to 12 year olds Make a Banner with Urmi Sheldon	# 19 6 to 9 year olds Make a Bird House with Robert Zussino	Trampoline Schedule	Parents & Kids My Planet Art Therapy
9:45 to 10:30	# 10 8 to 12 year olds Yoga Animals with Linda Kusleika	# 13 6 to 9 year olds Gemstone Fascination with M. Blaine-White	# 15 6 to 9 years olds Storytelling & Drumming with David Thiaw	# 17 6 to 9 year olds Make a Banner with Urmi Sheldon	# 19 9 to 12 year olds Make a Bird House with Robert Zussino	6 to 9 yrs.	Adult WS # 45 with Christine Lind
SNACK							
10:45 to 12:15	# 11 8 to 12 year olds Make-a-Play with Chelsea & Bobbie Warman	# 14 6 to 9 year olds Chief Coyote Legends with Glen Douglas (11:30 to 12:15 only)	# 16 6 to 9 years olds Universal Games with Gay Monkman (10:45 to 11:15 only)	# 18 8 to 12 years olds Dancing the Dragon with Fae Shaw (11:00 - 12:00)	All ages Finish Making Birdhouses	6 to 9 yrs	Face Painting, Outdoor Games
LUNCH							
1:30 to 2:00	# 12 6 to 8 years olds Yoga Dance with Ken Stevens	# 14 8 to 12 year olds Chief Coyote Legends with Glen Douglas	# 16 8 to 12 years olds Universal Games with Gay Monkman	# 18 6 to 9 years olds Dancing the Dragon with Fae Shaw	# 20 All Ages Crafty Crafts with Jennifer	1:15 to 1:45 8 to 12 yrs 1:45 to 2:15 3 to 5 yrs.	Ongoing Craft Classes and time to finish all Woodworking Projects
2:00 to 2:30	Finish Projects ...Start cleaning and packing up and getting ready for the Parade					8 - 12 yrs.	
SNACK							
2:45 to 4:00	Musical Cornucopia Time .. Everyone Welcome !!! Musical Cornucopia, or Horn of Plenty is a symbol used by native Americans to represent an understanding of creation. The field of plenty is a spiral connecting the unmanifested thought forms with the physical world. Open and grateful hearts are showered with abundance. Our Musical Cornucopia is an opportunity for musicians, dancers and artists to share their talents with the children. This promises to be an exciting show with lots of surprises and audience participation.						
4:00 to 4:30	Get Ready for the Parade. Parade to the Gym for Closing Ceremonies. Parents can pick up their children at the gym.						

Children's Festival Schedule for the 3 to 5 year olds.

We offer CHILDMINDING for children under 4 years old. Rates on registration form. If you have a child who is shy, we ask that you help them participate in the fun or put them in childminding.

Saturday

8:45 - 10:00	Introductions, Name tags
10:00 - 10:30	SNACK
10:30 - 11:00	Yoga Stretches with Ana Rosa
11:00 - 11:30	Blocks and Glue
11:30 - 12:00	Music with Sheila & Nancy
12:00 - 1:15	LUNCH
1:15 - 1:45	Art Class
1:45 - 2:30	Trampoline and Play Time
2:30 - 3:15	Plant a Tree, Circle Dances
3:15 - 3:30	SNACK
3:30 - 4:00	Dancing with the Animals with Yellow Bear
4:00 - 5:00	Massage a Friend, Story Telling and Sing Songs

Sunday

8:30 - 9:00	Wake-up
9:00 - 9:45	Play with Dough
9:45 - 10:00	Clean-up
10:00 - 10:15	SNACK
10:15 - 10:45	Outdoor Games
10:45 - 11:15	Chief Coyote Legends
11:15 - 12:15	Face Painting and Crafts
12:15 - 1:15	LUNCH
1:15 - 1:45	Art Class
1:45 - 2:15	Trampoline
2:15 - 2:45	Dancing the Dragon
2:45 - 3:00	SNACK
3:00 - 4:00	Musical Cornucopia
4:00 - 4:15	Get Ready for Parade
4:15 - 4:30	Parade to the Gym

Teenagers Schedule

Saturday

9 to Noon **Singles only, Introductions
with Blenda Steward**

Open to teen and adults who would like to know who is single, and learn special techniques on how to greet the person of your choice. Alberta Hall

1:15 to 3:00 **Enhancing Communication Skills
with Gay Monkman**

Adult Workshop # 35, a family oriented class. Once we realize we are all have access to the Universal Mind, we can start realizing our full potential. Join in on this family discussion and learn to share your thoughts with the groups. South Wing.

3:15 to 4:30 **Drumming & African Dancing
with Joan Casorso & David Thiaw**

Special Workshop for 11 to 15 year olds. Learn some new steps that will shake you up. See Adult Workshop write ups # 67 & 68. Meet in front of the Columbia Hall.

Sunday

8:30 to 10:15 **My Planet: Using Art Therapy for
Growth with Christine Lind.**

Adult Workshop # 45. Feel the connection to the earth, community and ourselves as we explore 3-D structures with various uses of art media. South Wing.

10:30 to Noon **Communication with Teenagers
with Nena Joy.**

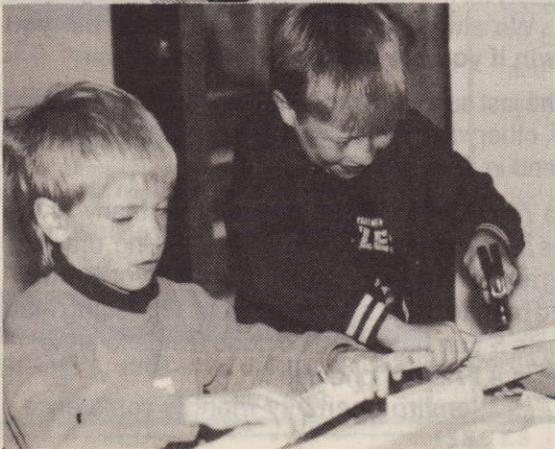
A special time, just for 13 to 19 yr. olds. The power struggle within families is not unique to just you, learn practical and effective techniques for confronting adults, your brothers and sisters in respectful and cooperative ways. Meet in front of Columbia Hall.

1:15 to 3:15 **Discover your Inner Talents & Job
Possibilities through Handwriting
Analysis with Angele Rowe.**

A special workshop for 13 to 19 yr olds. Clues will be given so that you can understand your potential strengths and weaknesses while searching for your niche in life. Meet in front of Columbia Hall.

Teenagers are welcome to attend any of the adult or children's workshops, woodworking, games or crafts, or they can participate as helpers.

The Children's Festival of Awareness



Important Information ...please read!

- * **Register** by mail and do take advantage of the Early Bird rates, especially if you want accommodation. Last year, we sold out. There are 2 motels in Naramata (listed on the registration form) and lots in Penticton ... a 20 minute drive.
- * **Tenting Space** is always available ... the weather seems to be cool at night, but who knows. A spacious bathroom facility with showers and a bath is nearby.
- * Meals **MUST** be pre-ordered .. all meals are at the Naramata Conference Kitchen or there are two restaurants nearby.
- * On Friday **only**... we'll have soup and sandwiches for sale.
- * We will have a **Tea Room** this year. With muffins, tea, coffee & juice all week-end. **Opens at 6:30 am**... above the Gym. There will be a nominal fee for refreshments.
- * **Everyone needs to bring their own cup.** There will be **NO** styrofoam cups and no scheduled coffee/tea breaks.
- * Registration is from 1 to 11 pm on Friday and both mornings. Arriving early will help you to avoid the rush.
- * All festival goers are invited to place items for sale in the **Festival Store**. We will sell your items for you provided:
 1. it is **mandatory** that **you** provide a detailed list of **ALL** items with the price that you wish to sell.
 2. that **ALL** items must be **individually** and clearly priced.
 3. space is available on a first come, first serve basis.
 4. please bring display cloths, racks, stands. We will supply the tables.
 5. you will be asked to donate a small item for the give-away on Sunday.
 6. if sales are more than \$50, we ask for 10% of total sales.
 7. if you have any questions phone Laurel **492-7717**
- * The store will be open Fri. till 10 pm, Sat. 7 am to 7 pm, & Sun. 7 am till closing. Make sure you take some time to look around and put in your name for the free draws at the Closing Ceremony.
- * We have **networking** space for flyers and free info.
- * **Opening Ceremonies** start **Friday** at **7 pm** with the calling in of the Four Directions, then the Dances of Universal Peace for grounding the energy, followed by the Introduction of Workshop Leaders. The Loft is available for Drumming and Dancing both evenings.
- * Saturday morning, it's **Sunrise Ceremonies at 6:45**
Tai Chi in the Gym with Harold
Yoga in the Loft with Linda, Donna & Ken
Active Meditation in the North Wing with Urmi
**Active Meditation is for one hour 6:30 to 7:30
Breakfast starts at 7:45 or have muffins and coffee in the Tea Room if you are not a breakfast person.
- * **Please** note a slight change in the workshop format ...Classes begin at **9:00 Saturday** and **8:30 Sunday morning**.
Saturday you have the **3 hour** class in the **morning** and the **1 3/4 hour** workshops in the **afternoon**.
Sunday you have the **1 3/4 hour** classes in the **morning** and the **3 hour** workshop in the **afternoon**. You have 15 minutes to change rooms. Instructors appreciate everyone arriving as promptly as possible.
- * **Saturday night** dinner starts at 5:30 pm followed by **Entertainment in the Gym** at 7 pm. Another important addition to the festival will be 6 evening classes: 9:15 to 11 pm. Back by popular demand ... **JAM** session in the **Loft** for drummers, musicians, and dancers .. till 1 am.
- * Sunday we start once again with Sunrise Ceremonies, remember the Tea Room is above the gym. Time for a **QUICK** breakfast as the workshops start at **8:30 am**.
- * If you have **children**, please take them to the McLaren basement at **8:45 am Saturday** morning and **8:15 am on Sunday** morning. You will need to pick them up at 12:15 for lunch returning them at 1:15 pm. Saturday pick-up time is between 5 and 5:30 pm and after the closing circle on Sunday.
- * A very busy schedule ... if you feel you are in a class that is not right for you ... **please leave quietly**.
If you just need a break you can ...
 1. Get a **FREE Reiki** session at the Reiki Healing House
 2. See who is working at the **Alternative** Healing Roomwe usually get a wide variety of practitioners.
 3. Listen to the **Synchronicity** tapes in the Meditation Room at Alberta Hall.
 4. Check out the **Festival Store**
 5. Attend the Children's Festival, they have lots to do. Including the **Musical Cornucopia** on Sunday afternoon.
- * The last workshop ends at 4:15 pm, the children will leave McLaren Hall and parade up Main Street to the gym for **Closing Circle**, hopefully starting at 4:30.
- * Please stay for the Closing Circle and the Festival Store Draws. We always have lots to give away, but **you can't win if you are not in attendance**.
- * Then the last supper of the week-end for those wishing to stay, otherwise, it's farewell till next year. It's the last week-end in April in 1993.
- * Also, a reminder to **dress casually** as many of the classes are experiential ... you will be dancing, drawing, singing and lying downso **bring your favorite cushion and blanket**. And don't forget your **Travelling Mug** Rain hats & sun hats are also good things to bring.
... this is a **FAMILY** oriented ...
.... **environmentally friendly** conference.

Spring Festival of Awareness

April 24, 25 & 26, 1992

REGISTRATION FORM

Adult(s) _____ Children & Teenagers _____
 _____ Age _____
 Address _____ Age _____
 Town _____ Prov. _____ Age _____
 Code _____ Phone No. _____ Age _____

		<u>Week-end</u>	<u>One Day</u>
Adult Festival Fees	Early Bird, before March 15th	\$75.00	\$40.00
	Late (March 15th to April 23rd)	\$85.00	\$45.00
	Registering at the Door	\$90.00	\$50.00

Children's Festival Fees	For Children ages 3 to 12 yrs	\$35.00	\$20.00
	No late fees for children.		
	Childminding for under 3 years.	\$25.00	\$15.00

Teenager's Festival Fees	For ages 13 to 19 years.	\$45.00	\$25.00
	No late fees for teens.		

REGISTRATION TOTALS ...all prices include GST

Festival Fees	___ Adults @ _____ = \$ _____
	___ Children @ _____ = \$ _____
	___ Teens @ _____ = \$ _____

Meals	___ Adult Meal Pkgs @ \$48.00 = \$ _____
	___ Child Meal Pkgs @ \$30.00 = \$ _____
	___ Individual Meals @ _____ = \$ _____

Accommodation Please transfer info. from other side \$ _____

Total amount owing	\$ _____
Amount enclosed	\$ _____
Amount left owing	\$ _____

50 % deposit required

Please make cheque payable to the.....Spring Festival of Awareness

Send to: #304-894 Weyburn St., Penticton, B.C., V2A 6A9. For more info.....phone Marion Walters 493-3697

Refunds available till April 15th. After April 15 ... refunds for 80 % of Festival Fees, none on meals or cabins.

Refunds available till April 15th. After April 15 ... refunds for 80 % of Festival Fees, none on meals or cabins.

MEALS....REQUIRED ?

Adult food prices are for children 11 years and older. Children prices are for ages 3 to 11 years olds.... (under 3 free).

Meals **MUST** be pre-ordered!

Meal packages

Adult \$48.00 _____
Child \$30.00 _____

Includes all 6 meals ...
that are listed to the right.

Individual Meals	Saturday	Adult	Child	Total
Breakfast	\$5.00 _____	\$3.50 _____		\$ _____
Lunch	\$7.00 _____	\$4.50 _____		
Dinner	\$13.00 _____	\$8.00 _____		
Sunday				
Breakfast	\$5.00 _____	\$3.50 _____		Transfer total \$ to front.
Lunch	\$7.00 _____	\$4.50 _____		
Dinner	\$13.00 _____	\$8.00 _____		

This is the first year we have offered Dinner after the Closing Ceremonies on Sunday night.
Decide now if you want to stay and eat or leave for home at 5:30 pm !

The food must pre-ordered. Otherwise there are two restaurants nearby.

We will have Coffee/Tea & Muffins available for sale in the Tea Room ... Opening at 6:30 am and staying open all day till 9 pm. It's upstairs above the Gym. Please bring your own MUG, there will not be styrofoam cups available.

ACCOMMODATION....REQUIRED ?

No. of Adult _____ No. of Children _____ For Friday night _____ For Saturday night _____

The cabins are usually sold out very quickly, so if you want to stay on site, register early.

Maple Court \$ _____ East Court \$ _____ Cottage Court \$ _____
 R.V. Space \$ _____ Tent (no power) \$ _____ Alberta Hall \$ _____

Single People Spaces ...

Maple Court ... Private \$40.00, 2 People \$55.00. Per Night.

Alberta Hall ... Private \$25.00, 2 People \$35.00 ...Ladies Only

*** Maple Court is new & deluxe, it has 1 double & 1 single bed, & private bath No cooking facilities.

*** Alberta Hall is the Dorm, 2 single beds, bathroom down the hall. For Ladies only. No cooking facilities.

Couples, plus 1 Child.

Maple Court ... \$50.00 for a couple, \$5.00 extra for a child. Per Night.

1 double and 1 single bed, private bath. No cooking facilities.

Family Cabins East Court *** must be family members. Has a bathroom plus

1 bedroom: \$45.00 - 2 single beds in the bedroom plus a double sized hide-a-bed in the kitchen/living area. Per Night.

2 bedroom: \$55.00 - 2 single beds and 1 double bed plus living room/kitchen area separate. Per Night.

Group Cabins ... Cottage Court ... \$100.00 per night

*** One person must register and pay the fees. They both can sleep 7-8 people. Please specify if you want a 1 or 2 bdrm.

1 bedroom: A separate bedroom, 2 single beds & 1 bunk, plus a double size hide-a-bed in living room, 2 foamies in the loft, bathroom with tub & shower, plus a kitchen.

2 bedroom: 2 separate bedrooms, (a) 1 double bed & 1 bunk, (b) 2 single beds plus a day bed, bathroom with tub & shower plus kitchen.

R.V. Space.....with electrical hook-up.....\$15.00 per night Tent Space..... \$12.00 per night

R.V. & Tent spaces have a central bathroom with shower and a kitchen/picnic area.

*****Naramata Centre does not appreciate self contained camper units parking on main street. Please rent a space.

Also available in Naramata are these Motels: **B.C. Motel (604) 496-5482**

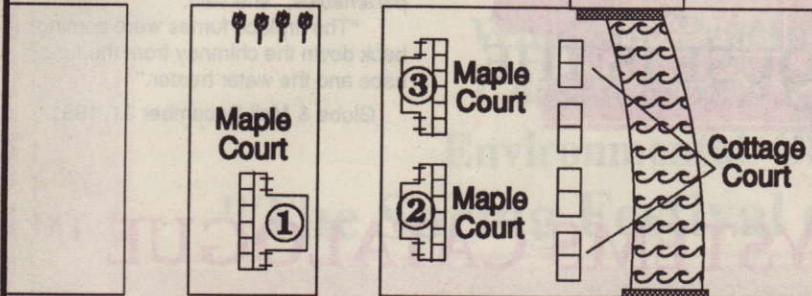
The Village Motel (604) 496-5535

Map of Naramata Centre

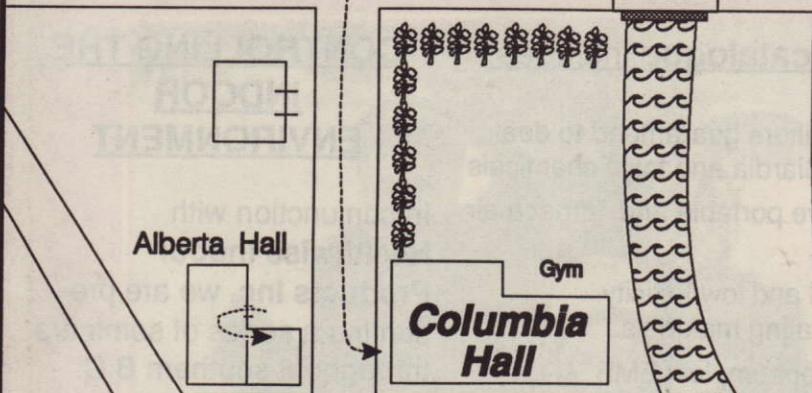


is
in the
basement
of
McLaren Hall

Third Street



Fourth Street



Workshop Spaces

- 1 Maple Court 1
- 2 Maple Court 2
- 3 Maple Court 3
- 4 Loft
- 5 Sessions Room
- 6 North Room
- 7 South Wing Front
- 8 South Wing Back
- 9 Reiki Healing House

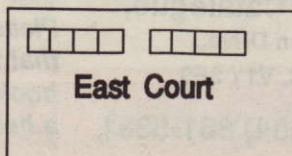
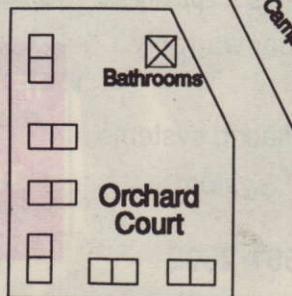
Alberta Hall has

- ☼ Alternative Healing
- ☼ Synchronicity Rm

Columbia Hall has

- ☼ Registration Area
- ☼ Naramata Kitchen
- ☼ Festival Store
- ☼ Gym & Tea Room

Naramata is 9 miles from Penticton on the East side of Okanagan Lake, on a paved road. At about 9 miles, 21 kilometres, you must take the lower left fork in the road. Continue along Robinson Ave. until you reach Fourth Street. Turn left on Fourth, and turn left again at the next street. At about half a block on your left you will see Columbia Hall. That is where you register.



Robinson Avenue



From
Penticton